

A Vision in Motion

A Vision in Motion is a unique motivational speakers bureau that has united some of the most courageous and energetic presenters from all walks of life who have overcome major adversities to inspire and positively influence the lives of others.

At a time when the breakdown of the family unit exposes our children to a myriad of social ills and moral dilemmas, there is a need for innovative programs and workshops in our schools.

A Vision in Motion is committed to improving the quality of life of children and teens with a promise to deliver highly experienced and dynamic speakers and transformational presentations.

A Vision In Motion offers speakers who cover a variety of topics that will benefit children from Kindergarten through High School including:

- Character Education
- Self-Esteem Enhancement
- Conflict Resolution
- Disability Awareness
- Drug, Alcohol, Tobacco Prevention
- Suicide Prevention
- Safety Programs & Violence Prevention
- Parent Workshops



- Overcoming Adversity
- Dream Building
- Breaking Down Bullying
- Peer Pressure
- Emotional Intelligence

Imagine a speaker delivering a message so powerful and so compelling that in an hour he or she has almost magically transformed the lives of an audience forever. Imagine a group of individuals who have committed their lives to breaking down barriers of fear by uplifting audiences with their dynamic stories and heartfelt insights. Imagine being inspired to take action by a speaker long after his or her presentation. Is this a dream? Yes it is. Could it be your reality? Absolutely.



A *Vision In Motion* is a unique motivational speakers bureau that provides expert public speakers who offer a variety of life-enhancing topics that are paramount to today's society. Our audiences include K-12 schools, parent groups, colleges and universities, governmental agencies, non-profit organizations, and corporations. Our inspirational presenters have all overcome tremendous personal adversities by rising above the physical, emotional, mental, and environmental obstacles in their quest for rewarding lives. They have harnessed their experiences into powerful custom-designed presentations that they uniquely deliver with one objective... to help people find their own inner strength and purpose in life.



A *Vision In Motion* founder Jay Gittleton, pictured here with speaker Scott Chesney, is on a mission to help others. Jay is an elementary school teacher whose goal is to reach a wide audience of children through the speakers bureau and its initiatives.

A Vision in Motion offers speakers who cover a variety of topics that will benefit children and teens from Kindergarten through High School. Each of the following programs can be customized to fit the particular age group and grade levels of the students at your school or organization. *We are providers for both the New Jersey Character Education Program and the New Jersey Professional Development Program.*

Self-Esteem Enhancement

Addresses ways in which children can build their self-esteem and enhance their self-confidence so that students can be prepared mentally and emotionally for any event that unfolds in their environment

Character Education

Models for children ways in which respect, responsibility, honesty, and integrity can be used on a daily basis to improve relationships with one another at school, at home, and in the community.

Peer Pressure

Strategies and enlightening stories that will uplift students and provide them with safe alternatives to effectively avoid peer pressure.

Conflict Resolution

Designed to identify the root causes of disputes that occur in your particular school and targets ways in which to resolve rather than revolve conflicts in the school and in the community.

Dream Building

Helps children realize how dreams can become possibilities for their lives and how they can begin to realize them. The importance of a daily commitment to positive thoughts can bring about better grades, better relationships, more quality friends, improved athletic or musical performance, or anything else that their hearts desire.

Disability Awareness

Introduces students to speakers who have overcome disabilities and now focus on instilling a sense of energy, hope, and inspiration that will motivate students to realize their own dreams.

Overcoming Adversity

A captivating program presented by speakers who have overcome tremendous adversity with the goal of inspiring young people to do the very best they can when faced with adversity

Anti-Drug and Alcohol Programs

This presentation helps children realize how dreams can become possibilities without their having to resort to using drugs, alcohol or tobacco to get them high on life.

Parent Workshops

Identifies ways in which parents can make positive connections with their children on a daily basis. Our speakers emphasize strategies in which parents can find, strengthen, and maintain their parent-child relationships.

Staff Development Workshops

Our speakers can provide your staff with an array of presentations including, but not limited to, disability awareness programs, sensitivity trainings, conflict resolution strategies, each given by one of our unique motivators.

For more info: call: 800.883.4147 or visit: avisioninmotion.com

What People are Saying...

“A Vision in Motion’s inclusion in our program made for an excellent and informative day for the students as all grades heard a variety of topics, all so very important to them in the formative years of their lives. The speakers made interesting and strong presentations, keeping the students focused and involved. Thank you for your participation. We look forward to utilizing your services again for the various programs we undertake throughout the year.”
— *George P. Wehrle, Chairman, Municipal Alliance, Little Ferry, NJ*

“It is refreshing to work with professionals with exceptional service. A Vision in Motion delivered everything that was promised and more, The programs were tailored to fit our needs, both in content and time frame. Their willingness to interact with parents and students alike after each workshop increased the success of the programs. The topics were timely and the feed back from parents, staff, and students was wonderfully positive. I look forward to utilizing the services of A Vision in Motion in the upcoming school years.” — *Michelle Cecere, Principal, The Park School, Prospect Park, NJ*

“Thank you so much for your visit to Hamilton School. I know that you made a big impact on the students. You were well-received by the adult audience as well. You were an overwhelming success!” — *Tami Lane, RN, Hamilton School, Bridgewater, NJ*

“Thank you for your wonderfully inspirational talk. It is often difficult for our students to listen for long periods of time. Today we saw an extraordinary thing-our entire student body in rapt attention for the duration of your presentation.” — *Jane P. LaStella, School Psychologist, Bergen Center for Child Development, Haworth, NJ*

“The presentations were outstanding. He mesmerized our students with his friendly heartfelt insights dispelling the mystery of disabilities. Our students left the session oblivious to his handicap, but inspired by his unique strengths. Our other speaker’s presentation targeted our students’ unique character issues, inspiring them to focus on their strengths, desires and goals to achieve their dreams. The Mt. Olive PTA was extremely satisfied with the moving presentations and would be delighted to serve as an advocate or your dynamic programs. We will be sure to incorporate additional programs from A Vision in Motion.” — *Debbie Boyce-Ortiz, Mt. Olive PTA President*

“A Vision in Motion’s speaker empowered the older students with the knowledge that they are truly in charge of their lives and inspired the children to discover their inner power and use it to follow their dreams. Our second speaker offered the younger students an opportunity to reflect on their thoughts and ideas about people who have disabilities by using stories from his own life. Through his words and actions, he inspired the students to look beyond wheelchairs, crutches or people who might be different. He told them to look instead for what a person can do, not what a person can’t. Thank you A Vision in Motion Speakers Bureau for the opportunity to experience such positive role models for today’s youth. The motivating messages have had a powerful affect that will be long lasting. Califon School is forever changed by the experience.” — *Noreen Daniel, Assembly Coordinator, Califon School, Califon, NJ*

“Thank you for your participating in our 2002 Kids Week and our Second Annual Leadership Conference. I am confident that selecting you and your speakers made an impact on the visitors and will help us with part of our mission statement of “Honoring our Heroes and inspiring our youth.” We are grateful to have developed this partnership with you and A Vision in Motion. We look forward to collaborating on future projects.” — *Krista Ann Kohlhausen, Director of Education Outreach, Intrepid Sea, Air, Space Museum*

“Her speaking format was fun, engaging and inspirational. The character building messages on self-esteem, diversity and peer pressure were highly received by our freshman students. It was a pleasure working with you and we look forward to contacting you again for additional presentations in the future.” — *Cheryl Copeland, Substance Awareness Coordinator, Hunterdon Central High School, Flemington, NJ*

“Thank you for the excellent program that your company presented to the 8th grade class. The rapport with students was exceptional. The children were totally enthralled with the program. One of my teachers said, “This is the best assembly program I’ve seen in 20 years.”” — *Stephen C. Melofchik, Assistant Principal, Long Valley Middle School, Long Valley, NJ*

“Your sharing of knowledge and personal experiences will have a positive and long lasting affect on students’ lives, attitudes and actions. Thanks for all of your support from you and your great team!” — *Martin R. Steele, LtGen USMC (Ret) President & CEO, Intrepid Sea, Air, Space Museum*

“I was impressed with your speakers and believe that their personal accounts of living with a disability added significantly to the conference’s value to all participants. I believe that many professionals in the alcohol and drug programs field can benefit from hearing the personal stories of speakers and learn how to be more accommodating of people with disabilities.” — *John de Miranda, Executive Director, National Association on Alcohol, Drugs and Disability*

“Both speakers we had during our Unity in Diversity Program made a lasting impression on our students. Their messages were positive and timely. Teenagers need to have role models who tell them that they can achieve whatever they want to achieve regardless of their situations. Your speakers proved to be two such role models.” — *Kim Fox, Supervisor, Manalapan High School, Englishtown, NJ*

“What a valuable resource your program is. A Vision in Motion provides inspiration to people struggling with adversity and who are in need of motivation to succeed. Not only are your speakers inspirational, but they also provide practical ideas and exercises that audience participants can take away with them.” — *Norman R. Salt, MA, CPS Statewide Disability and Addictions Coordinator*

“Our students learned the meaning of “I Can” firsthand.” — *Charles T. Jones, Principal, Fanny Meyer Hillers School, Hackensack, NJ*

“We were moved by the breadth and sincerity of the presentations. They both handled their topic and student queries in a dignified, warm and professional manner.” — *Jim Thebery, MA, CSW Director, Bergen County Division on Disability Services*

**Success should become your primary major.
We'll help you achieve it.**

Dynamic Presentations

Orientation Programs: The transition from high school to college can be a particularly challenging time towards independence. It is at this critical juncture that our speakers can address your incoming freshman students. Adjusting to new-found freedoms, new relationships and the daily stressors of academics and campus life can be exciting and daunting at the same time. Our presentations will inspire and motivate your students to consider choices that are in their best interest, and encourage them to share their uniqueness with others.

Guest Speakers for Specific Courses: We have a variety of speakers who can serve as guest speakers for classes in: Communications, Psychology, Disabilities, Resiliency, Cultural Diversity, and others. They will be able to share their experiences with just about any student population. Rutgers University and Seton Hall University are just two of the many participating universities where our speakers have lectured to classes.

Disability Awareness Days/Months: Does your college have a Disability Awareness Day or Month? We have numerous speakers who can give keynote addresses or conduct workshops related to your overall theme. We can also help you plan and integrate a Disability Awareness Day, utilizing our skilled personnel.

Inspirational Keynotes

Our keynotes delivered by our speakers can be a powerful way to engage an audience at an important campus event. We are proud to note that one of our speakers was invited to give the keynote address at the 2001 Special Olympics Fall Festival at Villanova University. Our speakers are also available for:

- **Alumni Functions**
- **Awards Ceremonies**
- **Athletic Banquets**
- **Fundraisers**
- **Commencement Exercises**

For more info: call: 800.883.4147 or visit: avisioninmotion.com

Workshops and Seminars

Multicultural Awareness: A Vision in Motion can help your college community foster an environment which nurtures the values and the celebration of our diverse interests and heritage. Campus diversity includes all of the members (faculty, staff, and students) of the campus community, and our speakers can assist you in developing and integrating programs and activities which allow your students to grow as individuals while sharing their own gifts as part of an international community.

We also offer in-depth workshops for faculty, staff, and students in the following areas:

- **Overcoming Adversity**
- **Disability Awareness**
- **Sensitivity Trainings**
- **Leadership Cultivation**
- **Conflict Resolution**
- **Character Development**

Meetings and Conferences

We can provide your company or organization with excellent keynote, workshop and seminar speakers for your meetings and conferences. Our involvement consists of identifying topic ideas and possible speakers, honoring your budget by explaining each speaker's fee and expenses, sending you speaker information, and handling contract negotiations.

Sensitivity Training

A Vision in Motion offers speakers who cover a variety of topics that will benefit employers and employees at all levels of the corporate structure. Each of the following programs can be individually customized to identify and realize your corporate vision and facilitate team interaction among your employees that would build a richer client base.

Human Resource Training: Identifies ways in which employers and employees can make positive connections to promote client and customer satisfaction as everyone embraces the company's goals and corporate mission.

Overcoming Adversity: A captivating program presented by speakers who have overcome tremendous adversity with the goal of inspiring each person to do the very best in the face of adversity.

Disability Awareness: Introduces employees to speakers who have overcome disabilities and now focus on instilling a sense of energy, hope, and inspiration that will preserve individual identity and promote seamless team interaction.

Employee Productivity

Our series of seminars and workshops address ways in which employees and management can build self-esteem to maximize individual productivity that impacts the company's bottom line. We also offer spousal workshops and family-centered seminars that help employees achieve a balance between the office and the home environments.

Character Development: Describes ways in which respect, responsibility, honesty, and integrity can be used on a daily basis to maintain high standards of ethics throughout the company and in all aspects of its operations.

Conflict Resolution: Designed to identify the root causes of disputes of employer-employee relationships and ways to resolve rather than revolve conflicts within the company that can otherwise inhibit productivity.



Scott Chesney



Derrick Watkins



Paul Stuart Wichansky



Andres Lara



Tracy Hans



Jim Greene



Cornelius Barker, MA

About a few of our speakers . . .

Scott suffered a rare stroke in his spinal cord at the age of 15 which left him paralyzed from the waist down. Since then, he has spent his life helping make a positive difference in the lives of others. Scott has made two world tours, visiting over 30 countries and speaking to over a million children around the globe. He uses his own life-changing experiences as an example to help others accept and conquer their own challenges through self-esteem enhancement.

Derrick grew up in a rough neighborhood, but managed to find his way through the maze of distractions as a scholar athlete. He is devoted to giving back to help other youngsters find positive outlets. Derrick motivates kids to find greatness within themselves and teaches them to share these qualities with others. He inspires teens to harness their full potential without bowing to peer pressure. Earning a Masters degree in social work, Derrick has the solid professional background to help children

Paul is a passionate speaker whose contagious enthusiasm has motivated New Jersey students for 20 years, Paul has delivered hundreds of awareness programs that discuss the perspectives and realities of growing up with his cerebral palsy. By sharing personal experiences, and encouraging students to ask questions that shape their understanding of people with disabilities, Paul tries to instill a sense of hope, energy, and inspiration that encourages them to realize their own goals.

Andres escaped on a boat from Cuba without his parents, without money, and without knowing any English. In only eight years his motivation and ability to influence himself has led him to earn a college education, live his dream of authoring several inspirational books, and has allowed him to positively influence many people's lives through his motivational speaking. Andres shares the same principles that he used to build his own confidence.

Tracy was diagnosed at the age of 16 with Attention Deficit Disorder (ADD). Tracy paints her experiences in a humorous light while educating parents, teachers and counselors on the difficulties living with this challenge. She has earned a BA and an MS in Psychology and has since harnessed her strengths into a successful career, publishing journal articles in her field and also presenting accounts of depicting life as an 'ADDer'.

Jim has overcome numerous obstacles, including two major clinical depressions. A former football star in the Division III Level of the NJ Athletic Conference, he has earned degrees in Psychology and Theology. Jim enjoys sharing his dynamic and inspiring stories to encourage children and teens to never allow themselves to become victims of negative stereotypes and to always accentuate the positive.

Cornelius is a former gang member who became a school administrator, Cornelius' world was one of constant trials and tribulations. Serving for more than 25 years as a classroom teacher and administrator, he delivers motivational lectures that help students re-evaluate themselves and their interaction with peers. He lectures to school and community groups on the topic of cognitive & behavioral trends exhibited by today's youth, and in the process, he develops respectful disciplines over oppressed young minds.